

CPSG is about coming together, being there for each other, making friends, connecting and engaging with others in a safe, non-judgmental atmosphere. Being accepted, an active listener, respectful and mindful of others. It is about the whole and not about any one person. Certain behaviours are unacceptable and will not be tolerated. Please think carefully about your condition, how it affects you and what type of support group is the right fit for you.



Cockfield Summer Fair was an enjoyable family fun afternoon with several activities and games held in the display arena, as well as a dog show, a brass band, a tug of war, stalls of homemade crafts, plants, charitable causes. A BBQ, ice creams, slush puppies and homemade cakes and drinks. Tombola and a raffle.

CPSG had a stall raising funds and promoting the group. A big thank you to all who supported the group and to all the on-site help on the day. A successful day for all involved.

CPSG Facebook

CPSG Facebook is currently taking a break. Although it is not hidden, the site at present is not active.

Positively Crafty—in July card crafting came from the choice of three themes Garden Friends, Watering Can Blossoms & Blooms and Flower Patch Pots. Pretty and colourful designs as you can see. Many of these were on display at Cockfield Fair. A light hearted, enjoyable afternoon amongst friends. Coming together and joining in an activity is a welcome distraction, easing pain levels and having a laugh is a real boost.



Dairy Dates

Coffee Morning—Monday 5th August from 10.30am at The Folk Café
There is NO Positively Crafty session or a CPSG Speaker meeting in August

For more details call 07224 187774 or email info@chronicpainsupportgroup.co.uk
Visit www.chronicpainsupportgroup.co.uk